

CERTIFICATE

OF PARTICIPATION

This is to certify that

Ziska Theron

Has successfully participated & completed the

10km Cape Prestige Trail Run#3

held at Delheim Wine Estate.

TIME 01:49:06

PACE 10:54/km

OVERALL 103 of 130

09 December 2023, Sat

Date

GENDER 59 of 80

60 - 69 8 of 13



BoutTime

Signature